

# PARISH OF ALEXANDRA PARK



**Lent**

**Night Prayer**

## Preparation

*All kneel or sit*

- ✠ The Lord almighty grant us a quiet night and a perfect end.  
**Amen.**

*There is a brief pause for self-examination*

Most merciful God,  
**we confess to you,**  
**before the whole company of heaven and one another,**  
**that we have sinned in thought, word and deed**  
**and in what we have failed to do.**  
**Forgive us our sins,**  
**heal us by your Spirit**  
**and raise us to new life in Christ. Amen.**

*All stand*

- ✠ O God, make speed to save us.  
**O Lord, make haste to help us.**

**Glory be to the Father, and to the Son :**  
**and to the Holy Ghost:**  
**as it was in the beginning, is now, and ever shall be :**  
**world without end. Amen.**

## The Lent Prose

***Hear us, O Lord, have mercy upon us: for we have sinned against thee.***

1. To thee, Redeemer, on thy throne of glory: lift we our weeping eyes in holy pleadings: listen, O Jesu, to our supplications.

***Hear us, O Lord, have mercy upon us: for we have sinned against thee.***

2. O thou chief Corner-stone, Right Hand of the Father: Way of Salvation, Gate of Life Celestial: cleanse thou our sinful souls from all defilement.

***Hear us, O Lord, have mercy upon us: for we have sinned against thee.***

3. God, we implore thee, in thy glory seated: bow down and hearken to thy weeping children: pity and pardon all our grievous trespasses.

***Hear us, O Lord, have mercy upon us: for we have sinned against thee.***

4. Sins oft committed now we lay before thee: with true contrition, now no more we veil them: grant us, Redeemer, loving absolution.

***Hear us, O Lord, have mercy upon us: for we have sinned against thee.***

5. Innocent, captive, taken unresisting: falsely accused, and for us sinners sentenced, save us, we pray thee, Jesu our Redeemer.

***Hear us, O Lord, have mercy upon us: for we have sinned against thee.***

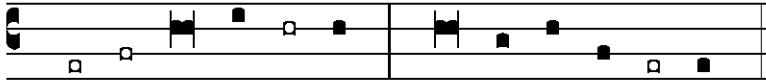
## The Word of God

Psalmody  
*All sit*





Have mer-cy \* on me, O God, and hear my prayer.



## Scripture Readings

*All stand. One of the following readings (or, on feasts, some other) is used*

You, O Lord, are in the midst of us and we are called by your name;  
leave us not, O Lord our God.

*Jeremiah 14.9*

Jesus said, 'Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.'

*Matthew 11.28–30*

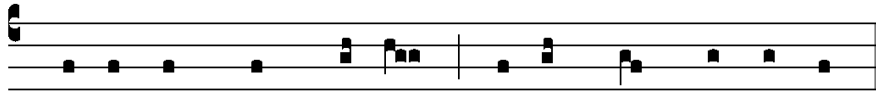
The sacrifice of God is a broken spirit; a broken and contrite heart, O God, you will not despise.

*Psalms 51*

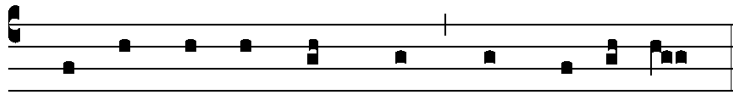
# Responsory



In-to your hands, O Lord, I com-mend my spi-rit.



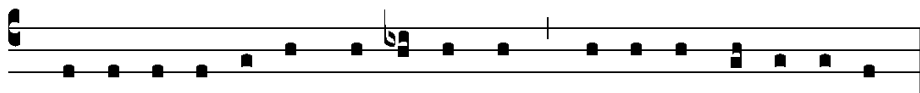
**In-to your hands, O Lord, I com-mend my spi-rit.**



For you have re-deemed me, Lord God of truth.



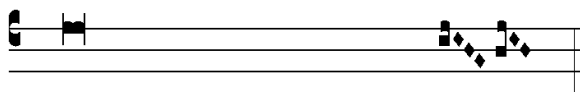
**I com-mend my spi-rit.**



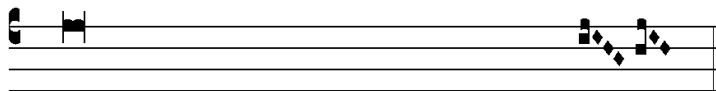
Glo-ry to the Fa-ther and to the Son and to the Ho-ly Spi-rit.



**In-to your hands, O Lord, I com-mend my spi-rit.**

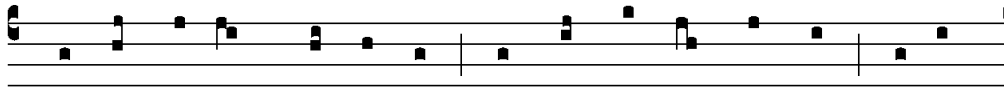


Keep me as the apple of your eye.



**Hide me under the shadow of your wings.**

## Gospel Canticle



Save us, \* O Lord, while wa-king, and guard us while sleep-ing, that a-



wake we may watch with Christ and a-sleep may rest in peace.

- ✠ **Lord, now lettest thou thy servant depart in peace :  
according to thy word.  
For mine eyes have seen :  
Thy salvation  
Which thou hast prepared :  
Before the face of all people.  
To be a light to lighten the Gentiles :  
And to be the glory of thy people Israel.  
Glory be to the Father, and to the Son :  
and to the Holy Ghost:  
as it was in the beginning, is now, and ever shall be :  
world without end. Amen.**

## Prayers

*All kneel. Silence is kept. Then one or more of the following is said*

Visit this place, O Lord, we pray, and drive far from it the snares of the enemy; may your holy angels dwell with us and guard us in peace, and may your blessing be always upon us; through Jesus Christ our Lord.  
**Amen.**

Lighten our darkness, Lord, we pray, and in your great mercy defend us from all perils and dangers of this night, for the love of your only Son, our Saviour Jesus Christ. **Amen.**

Keep watch, dear Lord, with those who wake, or watch, or weep this night, and give your angels charge over those who sleep. Tend the sick, give rest to the weary, sustain the dying, calm the suffering, and pity the distressed; all for your love's sake, O Christ our Redeemer. **Amen.**

Almighty God, who alone can bring order to the unruly wills and passions of sinful humanity: give your people grace so to love what you command and to desire what you promise, that, among the many changes of this world, our hearts may surely there be fixed where true joys are to be found; through Jesus Christ our Lord. **Amen.**

Almighty God, may we, by the prayer and discipline of Lent, enter into the mystery of Christ's sufferings; that by following in his Way, we may come to share in his glory; through Jesus Christ our Lord. **Amen.**

*All say the Lord's Prayer*

**Our Father, who art in heaven,  
hallowed be thy name.  
Thy kingdom come,  
thy will be done on earth,  
as it is in heaven.  
Give us this day our daily bread  
and forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever. Amen.**



## The Conclusion

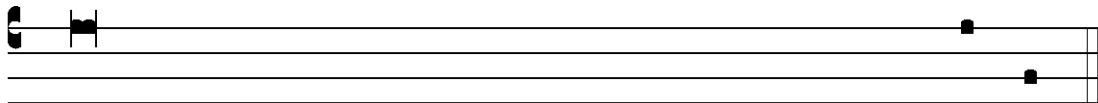
In peace we will lie down and sleep;  
**for you alone, Lord, make us dwell in safety.**

Abide with us, Lord Jesus,  
**for the night is at hand and the day is now past.**

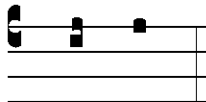
As the night watch looks for the morning,  
**so do we look for you, O Christ.**

The Lord be with you  
**and also with you.**

Let us bless the Lord.  
**Thanks be to God.**



The almighty and merciful Lord,  
✠ the Father, the Son and the Holy Spirit, bless us and keep us.



**A-men.**